March is National Nutrition Month

Eat Right!

HHH PTA COUNCIL
Whole Health Committee
Invites you to attend a nutrition presentation

"Trending Nutrition Topics and Products & How the Trends Translate into What Consumers See on the Shelves"

Stefania Medvedik, RD, RN, CDE
Retail Registered Dietician
From Greenfield's Shop Rite

Some topics being reviewed are: Gluten free, Paleo/low carb, probiotics/fermented foods and the science & health claims behind these trends.

Tuesday, March 14th at 1:00 pm
Fran Greenspan Administration Center
525 Half Hollow Road, Dix Hills, NY 11746
Questions? Contact Toni Gaudiosi & Gilit Stein:
hhhwholehealthpta@gmail.com

No RSVP is necessary!

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